



La Lune de Moggius

HÔTEL & SPA

★★★

Our spa...

The Hôtel & Spa La Lune de Mougins is located high above Cannes in the heart of the Mougins regional park, bordered by century-old cypress, pine and olive trees typical of the Provence-Alpes-Côte-d'Azur region.

A true space of peace, the Spa La Lune de Mougins invites you to reconnect with well-being and serenity, thanks to its modern, rejuvenating facilities.

Our Spa offers facials, body treatments and massages tailored to your needs. The relaxation area offers a range of facilities including a sauna, steam room, sensory shower, rocking bucket, balneotherapy pool with hydromassage jets, herbal tea area and heated loungers for a special moment dedicated entirely to relaxation.

An ideal place for a moment to yourself...





Ella Baché
THALGO
LE BEAUTÉ MARINE



Wellness area & Spa

- ☾ Balneotherapy pool with hydromassage jets
- ☾ Sauna
- ☾ Hammam
- ☾ Sensory shower
- ☾ Rocking bucket
- ☾ Herbal tea area
- ☾ Heated loungers



Wellness area opening times

Our Spa wellness area is open :

Monday to Friday, **10am to 8pm**

Saturday from **10am to 9pm**

- Sunday from **10am to 7pm**

Massage opening times

All our massages are provided :

- Monday to Sunday, **10am to 5:30pm**



Our Spa access rates

1h spa
access

30 € / PERS

2h spa
access

50 € / PERS

Our lunch & Spa packages

1h spa access + lunch

25 € + meal rate

2h spa access + lunch

45 € + meal rate

Our subscription packages

Package 10 spa access during 1h

240 €

Package 10 spa access during 2h

400 €

Package 10 50-minute body treatments

950 €

Forfait 10 80-minute body treatments

1 300 €



Our spa day

Introduce yourself to the world of the Spa and immerse yourself in a world of pure well-being for half a day or a full day, alone, as a couple or with friends.

Morning Detox

Breakfast

Facial treatment of
your choice
50 minutes

Massage of your choice
50 minutes

2h Spa access

239 € single
478 € in duo

Zen Afternoon

3-course menu *

Scrub + massage ritual
80 minutes

2h Spa access

209 € single
418 € in duo

Journée sur La Lune

Kobido face
50 minutes

Scrub + massage ritual
80 minutes

Foot reflexology
20 minutes

Massage Head Spa
20 minutes

Unlimited access to our
spa for the day

345 € single
690 € in duo

All the above services can only be provided on the same day.

**Meal available lunch or dinner*

Excluding Sunday lunch buffet from September to June


July & August: 3-course menu will be replaced by the summer menu

Please contact us for more details.







The Kobido of La Lune 

KOBIDO FACIAL MASSAGE

Specific Japanese technique
with lifting effects

A deep, active technique that
stimulates facial muscles and
blood circulation
for plumper, more radiant skin.

The oval of the face is redefined,
bringing deep relaxation.

50 minutes
85 € / PERS



**Ella BACHÉ,
a pioneer in dermo aesthetics
since 1936.**

1920 - At the age of 26, she graduated from the University of Budapest and became one of the first female pharmacists.

Her creative soul was passionate about skin care, and she set herself the goal of putting science at the service of beauty.

1927 - In the midst of the war, and being of Jewish origin, she fled Hungary and moved to Paris with her mother. As cosmetics did not yet exist, she developed the ambition of creating products that were pleasant to use, while teaching women how to maintain the beauty of their skin.

1930 - She developed the first make-up treatments for the Parisian Haute Couture Houses to protect the skin of models damaged by make-up.

1936 - She opens her own institute in Paris, where she creates the first medical beauty consultation: skin diagnosis & prescription of customized treatments. She also created the iconic tomate cream.

1980 - Her visionary spirit led her to take an interest in a little-known molecule and develop the first hyaluronic acid-based product.

Our facial treatments by ^{Paris} Ella Baché

HYDRAREPULP

Moisturizing and nourishing care that acts deep down to restore soft and plumped-up skin.

With Hyaluronic Acid, it replenishes even the most dehydrated skin.

COUP D'ECLAT PERFECT TOMATE GLOW

Ella Baché signature treatment with "AHA" fruit acid and a micro-peeling effect for smoother skin texture and a luminous complexion.

GREEN FILLER ANTI-ÂGE

Micro-filling treatment with Maca and Spirulina to visibly fill in wrinkles from the very first session. It regenerates the skin for improved firmness and elasticity.

PURE DETOX

A purifying, detoxifying treatment that deep-cleanses thanks to a charcoal-based mask for tighter pores and refined skin texture.

50 minutes

115 € / PERS

80 minutes

150 € / PERS

All our treatments are available as solo or duo treatments

Paris **Ella Baché**
NUTRIDERMOLOGIE®

« The skin is a fragile organ, constantly exposed, and the general state of health has an extreme influence on the skin. That is why I have created a medical beauty consultation to provide a targeted response to every skin problem. ». Ella Baché

**The products we use are
available for purchase
directly from the spa
reception.**



The universes of La Lune

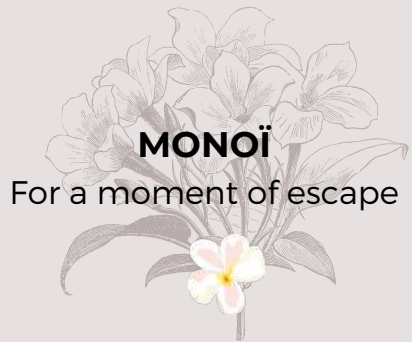
During your massage, your spa therapist will suggest you to choose your favorite fragrance :

A phyto-aromatic journey, a tailor-made skincare experience.



LAVENDER

For a relaxing cure



MONOÏ

For a moment of escape



ROSE

For a delicious experience



ORANGE

For an energizing treatment

The spa access during 1 hour is included from 50 minutes of treatment per person.



Our body scrubs

Exfoliating care with sugar for improved cell renewal.

Your skin is soft, satin-smooth and perfectly moisturized.

Body scrubs

20 minutes

55 € / PERS

Body scrubs & massage

80 minutes

150 € / PERS

Scrub, massage & nourishing body wrap

100 minutes

198 € / PERS



Our express body massages

BACK SPA

Massage of the back, a precious moment of relaxation and release for these often tense areas of the back.

HEAD SPA

Scalp, trapezius, neck and shoulder massage.
For total relaxation of body and mind.

FEET SPA

Foot massage alternating relaxing movements and digitopressions.

LEGS SPA

Draining leg massage for muscle recovery and to stimulate blood and lymph circulation.

All our treatments are available as solo or duo treatments

20 minutes

55 € / PERS

Our body massages



SIGNATURE LA LUNE

Tailored to your needs and desires, this massage is 100% personalized.

CALIFORNIEN RELAXANT

This smooth, enveloping massage provides deep physical and mental relaxation. A series of relaxing manipulations in a slow tempo.

DEEP TISSUE

Deep, energizing massage. Releases tension, calms aches and pains and acts as a muscle relaxant.

PIERRES CHAUDES

Relaxing, smoothing massage. The heat relaxes and soothes aching muscles.

HAWAÏËN LOMI-LOMI

Initiation to the travel experience through a massage technique that uses the forearms for an enveloping effect.

Rebalancing energies, body and mind.

MASSAGE AUX HUILES CHAUDES

Relaxes muscular tension and the mind thanks to the warmth of the oil. Eliminates toxins from the body and helps improve sleep.

PRÉNATAL

A massage that reduces tension and the effect of heavy legs, for deep relaxation.

For pregnant women from 4 months of pregnancy.

All our treatments are available as solo or duo treatments

The above massages can be done in 50 minutes or 80 minutes.

50 minutes
110 € / PERS

80 minutes
150 € / PERS

Our other treatments...

PLANTAR REFLEXOLOGY

Revives whole-body circulation and releases accumulated tension. Restores physiological well-being and emotional balance through repeated pressure on reflex points.

A natural method for rebalancing and harmonizing the whole organism.

50 minutes
110 € / PERS



4-HAND MASSAGE

Real massage by two practitioners in total harmony and synergy. Synchronized movements for absolute relaxation.

50 minutes
180 € / PERS

80 minutes
250 € / PERS



THALGO

LA BEAUTÉ MARINE



A visionary pharmacist, André BOUCLET has always been passionate about the regenerative power of the sea.

In **1964** - he created **THALGO** (association of "Thalassotherapy" and "Algae"), the 1st laboratory specializing in seaweed and marine extract-based treatments for the medical and thalassotherapy sectors.

1966 - he developed a unique process for micro-eclatage of seaweed, enabling the cell walls to be broken open to release their contents, while preserving their richness in active ingredients. The same year, he registered a medical patent for a combination of 3 micro-popped seaweeds (Laminaria Digitata - Fucus Vesiculosus - Lithothamnium calcareum), prescribed for skin, rheumatic and circulatory disorders.

1976 - THALGO has based itself on the French Riviera, drawing inspiration from its gentle way of life, energizing lights and colors to "wrap" its active ingredients in hedonistic fragrances and textures. The galenics evoke the sensory pleasures of the sea, while the fragrances, developed in **Grasse**, convey the freshness and light of sun-drenched waters.

Thalgo creates the 1st slimming treatments enriched with seaweed to improve blood circulation, restore skin tone and firmness, and eliminate cellulite.



Our slimming
treatments

THALGO
LA BEAUTÉ MARINE

LYMPHATIC DRAINAGE

Evacuates toxins from the body, stimulates lymphatic circulation and eliminates the "heavy legs" effect.

PALPER ROLLING

A deep, dynamic massage technique to smooth skin and eliminate cellulite.

50 minutes
110 € / PERS

Our slimming cures

THALGO

LA BEAUTÉ MARINE

Choice of :

Lymphatic Drainage
or
Palper Rolling

This 10-session treatment will give you sustainable results, sculpt your body and give you lighter legs.



Package
10 treatments
50 minutes

950 € / PERS





Our gift vouchers


*Small occasions or big moments,
you are sure to make someone happy with the gift vouchers from
La Lune de Mougins Hotel & Spa.*


Our gift vouchers are valid for one year.
Hotel, Spa, Restaurant, everything is possible to offer an
unforgettable moment to your relatives !

You can buy your voucher directly online on our website :
www.hotel-lunedemougins.com.

Gift vouchers are also available from the hotel reception
desk, along with a gift box.

Information & Reservations :

 04.93.75.77.33

 lunedemougins.spa@gmail.com



SPA CHARTER

ARRIVAL

Please arrive at the Spa reception desk 15 minutes before your treatment.

You will be given a confidential questionnaire to determine whether or not you are suitable for the treatments. Please respect the punctuality of your appointments: in the event of lateness, we will be obliged to reduce the duration of your treatment by the duration of your lateness, without any reduction in price. The treatment will not be postponed.

The Spa also offers a changing room and showers. Bathrobes, towels and flip-flops are also available.

Please note that you must shower in the checkroom or in your room before your treatment.

CANCELLATION

If you are unable to attend, we request that you cancel your appointment at least 24 hours in advance, by telephone, e-mail or online. If this deadline is not respected, the treatment will be fully invoiced.

HEALTH STATUS

Unfortunately, we are unable to provide treatments for people with health problems. Please advise us of any illnesses, allergies or injuries that might interfere with your treatment or use of the spa facilities. In case of doubt, please consult your doctor before booking.

Our massages and treatments are intended to promote well-being and are neither therapeutic nor medical. Under no circumstances do they replace or substitute, in whole or in part, therapeutic medical treatment or physiotherapy.

PREGNANT WOMEN

We offer special treatments for pregnant women from the 4th month of pregnancy. Don't hesitate to ask the Spa reception staff for advice to help you select the most appropriate treatments.

The sauna and hammam are not recommended for pregnant women.

RESPECT FOR OTHERS

Bathing suits are mandatory (sauna, hammam, whirlpool...).

To preserve the silence and harmony of the relaxation area, we ask you to be vigilant as treatments may be in progress. No music or electronic devices are permitted. Management cannot be made responsible for any loss, theft, damage or omission of your personal belongings within the Spa.

Minors under 16 are not admitted to the Spa.

In the heart of Mougins, the Spa La Lune de Mougins opens its doors every day of the year for a privileged experience on the Côte d'Azur.



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